



# THE MONTH OF JULY 2017 AT ST. MARK LUTHERAN CHURCH



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**WORSHIP EVERY SUNDAY:**  
**Sunday morning at 10 am - Service with Communion**  
**Worship and Praise - usually the second Sunday of each month**

## WORSHIP

### Worship Format for the Summer

During the summer, as we worship at one service at 10 am, we will use a variety of worship formats - the formats that we normally use at the 8:30 and 11 am services and our once-a-month Worship and Praise service. Please use this opportunity to get to know someone who regularly worships at "the other" service.

On **Sunday, July 16**, we will enjoy fellowship and some sweet treats with our annual Ice Cream Social. Come and enjoy the cool ice cream and help us celebrate Pastor Tim's birthday which will happen later in the week!!

### CLIFTON HEIGHTS JOINT WORSHIP SERVICE

On **Sunday, July 2**, St. Mark will be welcoming our sisters and brothers in Christ from our fellow Clifton Heights churches for communal worship at **10am** and a picnic to follow (weather permitting). Pastor Kevin Babcock, of Clifton Heights Church, United Methodist, will be the preacher. Please bring a side or dessert to share.

### ST. MARK'S CHRISTIAN SUMMER CAMP

Our very popular Christian Summer Camp began on **Monday, June 12** and runs through **Friday, August 18**. Please speak to Kathy Cosentino or Melisa McDaid for more information. During the week of **July 10**, a Vacation Bible School, with the theme Mission Impossible, for St. Mark children ages 3 to 10 will be part of our Summer Camp Program.

### FROM PASTOR TIM NESS

Every once in a while I get the urge to reflect poetically on what faith has meant to me. Faith and a relationship with Jesus have been an indispensable source of comfort and strength in dealing with anxiety over the years, and the following poem is inspired by that. Lately, I am thankful that the anxiety I have experienced has been relatively quiet, but I did not get here alone. Whatever your situation may be - joyful, despairing or anything in between - know that you are not alone either.

Lost in my own room,  
my speeding thoughts my only companion,  
As I try to find my way back.

As my heart runs a race it can never win.  
What do you do with someone like this?  
Like me?

Sold my soul to fear,  
But it never seemed to pay off,  
My life losing years by the minute,

You still show up. You still love me.  
You shared in my humanity.  
That I might receive my life again,  
You redeem me with your own.

*Pastor Tim*